

## The VIA Classification of 24 Character Strengths

### Wisdom

#### CREATIVITY

- Clever
- Original & Adaptive
- Problem Solver

#### CURIOSITY

- Interested
- Explores new things
- Open to new ideas

#### JUDGMENT

- Critical thinker
- Thinks things thorough
- Open-minded

#### LOVE OF LEARNING

- Masters new skills & topics
- Systematically adds to knowledge

#### PERSPECTIVE

- Wise
- Provides wise counsel
- Takes the big picture view

### Courage

#### BRAVERY

- Shows valor
- Doesn't shrink from fear
- Speaks up for what's right

#### PERSEVERANCE

- Persistent
- Industrious
- Finishes what one starts

#### HONESTY

- Authentic
- Trustworthy
- Sincere

#### ZEST

- Enthusiastic
- Energetic
- Doesn't do things half-heartedly.

### Humanity

#### LOVE

- Warm and genuine
- Values close relationships

#### KINDNESS

- Generous
- Nurturing
- Caring
- Compassionate
- Altruistic

#### SOCIAL INTELLIGENCE

- Aware of the motives and feelings of self/others
- Knows what makes others tick

### Justice

#### TEAMWORK

- Team player
- Socially responsible
- Loyal

#### FAIRNESS

- Just
- Doesn't let feelings bias decisions about others

#### LEADERSHIP

- Organizes group activities
- Encourages a group to get things done

### Temperance

#### FORGIVENESS

- Merciful
- Accepts others' shortcomings
- Gives people a second chance

#### HUMILITY

- Modest
- Lets one's accomplishments speak for themselves

#### PRUDENCE

- Careful
- Cautious
- Doesn't take undue risks

#### SELF-REGULATION

- Self-controlled
- Disciplined
- Manages impulses and emotions

### Transcendence

#### APPRECIATION OF BEAUTY & EXCELLENCE

- Feels awe and wonder in beauty
- Inspired by goodness of others

#### GRATITUDE

- Thankful for the good
- Expresses thanks
- Feels blessed

#### HOPE

- Optimistic
- Future-minded
- Future Orientated

#### HUMOR

- Playful
- Brings smiles to others
- Lighthearted

#### SPIRITUALITY

- Searches for meaning
- Feels a sense of purpose
- Senses a relationship with the sacred

